



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



FUN FOR ALL

this summer at the Y!

Summer 2021 Brochure
HOBART FAMILY YMCA | hobartymca.org


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LOCATION

HOBART


 **HOBART FAMILY YMCA**
601 W. 40th Place
Hobart, IN 46342
219 942 2183

 **Monday–Friday: 5:00am–9:00pm***
Saturday: 7:00am–5:00pm
Sunday: 9:00am–5:00pm

*Facility hours are subject to change. Hobart Family YMCA is closed on: Easter Sunday, Independence Day, Labor Day and Christmas Day; limited hours on: Memorial Day, Thanksgiving, Christmas Eve, New Year's Eve, and New Year's Day.

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NEW PROGRAMS & SPACES

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- Monthly programs including dance, tumbling, ninja zone
 - New youth fitness classes
 - Virtual group exercise
 - Renovated & larger studios
 - Expanded Kids Zone

ACCESS FOR ALL

Hobart YMCA believes no one should be denied membership or program participation solely because of the inability to pay fees. Income-based applications are available at our front desk or online. Income-based assistance is granted based on available resources. All applications are kept confidential.

What is the YMCA Income-Based Assistance Program? The YMCA Income-Based Assistance Program provides scholarship assistance to individuals and families in need of financial support, allowing them to participate in membership and program activities. This support is funded by generous donations made to the YMCA's Annual Campaign. Income-Based assistance is granted based on available resources.

How will the Income-Based Assistance amount be determined? We use a sliding fee scale, based on total household income, number of dependents and special needs or circumstances; as well as the resources and program availability at our YMCA.

NOTE: Payment is made on a monthly basis. All participants are expected to notify the YMCA representative handling Income-Based Assistance if their financial situation changes. Scholarships must be approved prior to program registration and does not guarantee you a spot in the program.

Income-based example

Hobart YMCA Family Membership:
Price \$60.00

Example
Income-based assistance:
Qualifies for 50%

Example Member
pays just \$30.00
a month for family membership!

FIND MY RATE

Visit hobartymca.org/access-for-all
For more information and to begin the process.

HOW DO I APPLY?

1. Complete the financial assistance application form.
2. Submit completed forms along with all the following documentation:
 - Proof of income and/or assistance for all adults in household (*examples are: most recent Federal 1040 tax returns, recent paycheck stub, proof of child support*)
 - Include copies for all individuals contributing to household income
 - Proof of dependency for children/minors

MEMBERSHIP

NOW
ACCEPTING
SILVER
SNEAKERS

GET THE WHOLE FAMILY INVOLVED!

Our Family Membership* pricing is a wonderful value and provides huge savings to members.



Branch	Monthly Cost	Yearly Cost	Joiner's Fee
Hobart	\$60	\$720	\$50

HOBART

Youth	\$17	\$204	\$25
Young Adult	\$17	\$204	\$25
Adult	\$32	\$384	\$50
Adult + 1	\$42	\$504	\$50
Household	\$80	\$960	\$75

Membership rates are subject to change. Military discounts are available! We also offer Corporate Partnerships. **Your membership must be active at the branch you visit most frequently.** The Joiner's Fee is a one-time fee. For more information on joiner's fees, contact your membership desk. Youth membership is available to those 12-17 or those who are still in high school. Young Adult is for those ages 18-26 *Includes 1 or 2 adult household and their dependents claimed on income tax return. Proof of dependents must be provided for children 18 & over. All others see your membership desk for details on our Extended Family Membership.



Start SMART *All sessions will be conducted with physical distancing in place.*

Start your journey off right with your very own wellness coach and 4 FREE sessions tailored to your goals. Program is FREE to members and is a \$100 value! Schedule your first session at the front desk today.

FIND YOUR FIT

ALL INCLUDED WITH YOUR MEMBERSHIP!

GROUP EXERCISE

Have fun getting fit with friends!
Over 16 classes per week.

WATER EXERCISE

Have fun getting fit with friends...in the water! Over 21 classes per week.

VIRTUAL CLASSES

Fitness on the big screen. Over 100 classes per week.

ELEVATE YOUR FITNESS

CONTACT US FOR OFFERINGS, TIMES, AND PRICING OPTIONS

PERSONAL TRAINING

Expert support for your fitness goals.

PARTNER TRAINING

Motivate and challenge yourself with a friend.

SMALL GROUP TRAINING

Take your fitness to the next level and push yourself in groups of 6-10.

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

BLOOD PRESSURE SCREENINGS

This free program helps you monitor and track your blood pressure weekly outside of a medical setting. YMCA wellness coaches will help you take your blood pressure reading and review lifestyle habits that impact blood pressure. Coaches cannot provide medical advice.

Day/Time
Wednesdays 8:30-9:30am

PERSONAL TRAINING

Personal trainers are part-coach, part-mentor, part-friend, and even part-drill instructor at times. You may not always like your trainer, but you will absolutely love them for the results you will see. Trainers will help you develop a program and stick with it. You'll gain more confidence and improved fitness. Let the expertise of our certified personal trainers motivate you and help you achieve your goals!

PERSONAL TRAINING OPTIONS

There are a variety of personal training options to meet your individual needs.

Individual Personal Training (1 hour)

3 sessions	\$99 (Introductory, one-time only)
1 session	\$45
1x/week monthly	\$148/month*
2x/week monthly	\$280/month*
3x/week monthly	\$396/month*

Monthly options are recurring bank drafts

30 minute Individual Personal Training

1x/week monthly	\$92/month*
2x/week monthly	\$168/month*
3x/week month	\$228/month*

Monthly options are recurring bank drafts

Partner Personal Training (1 hour)

1x/week monthly	\$92/month*
2x/week monthly	\$168/month*
3x/week monthly	\$228/month*

Monthly options are recurring bank drafts



TOP 10 REASONS WHY YOU NEED A PERSONAL TRAINER

Our professional staff of nationally certified personal trainers are available to guide you to better results in less time. Personal training is one of the best investments you'll make in your overall health and well-being.

- | | |
|---------------------------|---|
| 1. Motivate & encourage | 6. PERSONALIZE PROGRAMMING |
| 2. Provide accountability | 7. Train for sports/events |
| 3. AVOID INJURY | 8. Adapt program around medical conditions |
| 4. Eliminate confusion | 9. HELP MAINTAIN FUNCTION AS YOU AGE |
| 5. Build confidence | 10. Create an experience that is both effective and fun |

GROUP EXERCISE

FIND YOUR FIT WITH GROUP EX VISIT HOBARTYMCA.ORG
FOR CLASS DESCRIPTIONS & SCHEDULES

The Y offers a full menu of FREE classes for all fitness levels, and interests. With classes focusing on beginners, cardio, strength, mind/body, water fitness, group cycling, youth & family, and virtual, you'll find a group class that's FUN, SUPPORTIVE, and KEEPS YOU MOVING. All instructors encourage participants to go at their own pace and offer modifications to accommodate all fitness levels. Ages 12 & older (12-13 must be accompanied by a parent).



Due to our COVID19 safety precautions, classes have limited capacity and must be booked via the Daxko app.

HOW TO BOOK CLASSES THROUGH DAXKO APP:

Reserving a Class Reserve the group fitness class of your choice now directly through our online schedule or on the app. This will ensure you have a dedicated spot in our upcoming class offerings and also allow access to add yourself to a waitlist for a class or cancel your upcoming reservation.

Reserve Your Spot

- Step 1: View our schedule on the website
- Step 2: Filter based on your preferences
- Step 3: Look for the reservation icon or 'Sign Up' by your desired class
- Step 4: Select the icon or 'Sign Up' link to reserve your spot
- Step 5: Log in or create an account to reserve your spot



COUCH TO 5K

A training plan to get new runners from having no running experience to being able to complete 3.1 miles, or a 5k. It is a four-week plan that includes two workouts per week. Class begins Tuesday, June 1st and runs through Saturday, June 26th.

Days & Times	Member	Guest
Tuesday 5:30pm & Saturday 7:00am	\$20	\$40



Myzone is an innovative wearable heart rate based system that uses wireless and cloud based technology to accurately and conveniently monitor physical activity.

Myzone Benefits

- Track your heart rate, view your calories and effort in real time
- Set goals and compete with others by measuring effort levels
- Achieve Myzone status ranking based on effort not fitness
- Receive email workout summary

Myzone at the Y

- Belts can be used during your individual workouts and group ex classes by streaming live stats straight to your app and YMCA TVs. The belts are also used extensively in conjunction with Personal Training and Small Group Training.
- Lastly, stay motivated and inspired through regular Myzone branch challenges and social interaction via the app.
- Myzone belts can be purchased at the front desk for \$75



SWIM LESSONS

Hobart Family YMCA strives to create a safe, fun, and encouraging environment for children, teens, and adults to develop as swimmers.

- There's nowhere better to learn to swim than the Y, where we've been helping all ages to swim for more than 150 years.
- We teach all ages and abilities beginning at 6 months old.
- At Hobart Family YMCA, we provide a safe environment with certified instructors, and lifeguard(s) on duty when the pool is open.
- All of our staff is also CPR/AED/First Aid trained.
- Water safety is incorporated into our swim lessons.

SWIM LESSON LEVEL FINDER

Can the student respond to verbal cues and jump on land?

NOT YET

A / WATER
DISCOVERY

Is the student comfortable working with an instructor without a parent in the water?

NOT YET

B / WATER
EXPLORATION

Will the student go underwater voluntarily?

NOT YET

1 / WATER
ACCLIMATION

Can the student do a front and back float on his or her own?

NOT YET

2 / WATER
MOVEMENT

Can the student swim 10–15 yards on his or her front and back?

NOT YET

3 / WATER
STAMINA

Can the student swim 15 yards of front and back crawl?

NOT YET

4 / STROKE
INTRODUCTION

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET

5 / STROKE
DEVELOPMENT

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET

6 / STROKE
MECHANICS

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

OUR SWIM LESSONS

Waterbabies (6mos-2yrs; Water Discovery)

Discover swimming and water safety through song and games. Parent participation required. 30 minute class.

Paddlers (2-3yrs; Water Exploration)

Learn swim readiness and water safety through song, instruction and games. Parent participation required. 30 minute class.

Preschool (Ages 3-5; Stages 1-4)

Introduction to independent swim, participants will progress through four levels of swim instruction. Progress reports are provided at the end of the course. 30 minute class.

Youth Swim (Ages 6-12; Stages 1-6)

Participants will progress through 6 levels of stroke development focusing on water safety and mastering swim skills. Progress reports are given at the end of the course. 45 minute class.

Teen/Adult Beginner Swim Lessons Water Movement and Stamina

(Ages 13 & Up; Stages 1-3)

YMCA teen and adult beginner swim lessons are designed for those with little or no swimming experience. Skills will include water acclimation and comfort, proper floating, breathing techniques, and basic swim strokes including front crawl, back crawl and elementary back stroke. 45 minute class.

Teen/Adult Intermediate Swim Lessons-Stroke Introduction

(Ages 13 & Up; Stages 4-6)

YMCA teen and adult intermediate swim lessons are designed to build stroke introduction and endurance. Participants should be able to swim 25 yards continuously and be comfortable in deep water. Skills will include proper lap swimming etiquette, endurance, stroke refinement of front and back crawl, and introduce breaststroke, sidestroke, and treading water. 45 minute class.

Swim Academy (Ages 6 & Up)

In this program youth will continue to progress in four competitive swimming strokes as well as learn rescue skills and healthy lifestyle habits. 45 minute class.

Diverse Abilities Swim Program

Our specialized program swim program is designed for children and adults with autism, down syndrome, cerebral palsy and other developmental challenges. Participants will explore abilities, develop skills and find the confidence to pursue goals. Skills and techniques covered include water safety, swim, float swim for five feet assisted or unassisted, back float, and submerge head under water. A meeting with parent or guardian is recommended prior to first day of class. Parent will participate in program if 1:1 care is needed. 45 minute class. It's the YMCA's philosophy that most people learn better in a group setting. However, sometimes individual attention is needed. Private lessons are available by appointment only!

Monthly Lessons: Once per week				
Class	Days	Time	Member	Guest
Waterbabies	Friday	10:30-11:00am	\$23	\$46
	Saturday	10:30-11:00am	\$23	\$46
	Saturday	12:15-12:45pm	\$23	\$46
Paddlers	Friday	10:30-11:00am	\$23	\$46
	Saturday	10:30-11:00am	\$23	\$46
	Saturday	12:15-12:45pm	\$23	\$46
Preschool	Monday	4:00-4:30pm	\$23	\$46
	Friday	4:00-4:30pm	\$23	\$46
	Saturday	11-11:30am	\$23	\$46
	Saturday	11:30am-12:00pm	\$23	\$46
Youth Swim	Monday	4-4:45pm	\$23	\$46
	Monday	4:45-5:30pm	\$23	\$46
	Monday	5:30-6:15pm	\$23	\$46
	Wednesday	4-4:45pm	\$23	\$46
	Friday	4:30-5:15pm	\$23	\$46
	Saturday	9:45-10:30am	\$23	\$46
	Saturday	11:30am-12:15pm	\$23	\$46
Teen/Adult Beginner	Monday	5:30-6:15pm	\$23	\$46
	Saturday	9-9:45am	\$23	\$46
Teen/Adult Intermediate	Monday	5:30-6:15pm	\$23	\$46
	Saturday	9-9:45am	\$23	\$46
Swim Academy	Monday & Wednesday	4:45-5:30pm	\$35	\$46
Diverse Abilities	Friday	5:15-6:00pm	\$23	\$46

Jr. Lifeguarding(Ages 11-14) The American Red Cross Jr Lifeguarding Program is designed to guide youth ages 11-14 to the American Red Cross Lifeguarding course. The course focuses on building a foundation of knowledge, attitudes and skills of future lifeguards.

Days	Time	Member
Tuesday/Thursday	5:30pm	\$80



To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

DANCE.....

Hip Hop I (Ages 3-5) This is a high energy dance class! They will learn the basic hip hop moves and have fun with some freestyle dance. Comfortable clothing and tennis shoes required. 30 minute class in Studio A.

Days	Time	Member	Guest
Tuesday	4:30-5:00pm	\$23	\$46

Hip Hop II (Ages 6-9) This is a high energy dance class! They will learn the basic hip hop moves and isolations. This class focuses more on style and choreography. Comfortable clothing and tennis shoes required. 45 minute class in Studio A.

Days	Time	Member	Guest
Tuesday	5:30-6:15pm	\$23	\$46
Friday	6-6:45pm	\$23	\$46

GYMNASTICS.....

Just 2s & 3s (Ages 2-3) Develop basic gymnastics skills, learn group work, and following direction. Gymnastics provides the perfect environment where toddlers can use their senses to develop coordination and confidence. Since the gymnastics environment is colorful, padded, fun – and safe – it’s perfect for supporting toddlers’ developmental progress. Wear leotard, shorts (optional) and bare feet. 30-minute class for ages 2-3. PARENT PARTICIPATION REQUIRED.

Days	Time	Member	Guest
Saturday	10-10:30am	\$23	\$46

Preschool (Ages 4-5) Learn the skills that aid in coordination and body control using balance beam, vault, floor, bars. Wear leotard, shorts (optional) and bare feet. 45 minute class located in the Gymnastics Center.

Days	Time	Member	Guest
Monday	6-6:45pm	\$23	\$46
Saturday	9-9:45am	\$23	\$46

Young Beginner (Ages 6-7) Your child will learn skills on balance beam, vault, floor and bars. Wear leotard, shorts (optional) and bare feet. 45 minute class located in the Gymnastics Center.

Days	Time	Member	Guest
Tuesday	5-5:45pm	\$23	\$46
Tuesday	6-6:45pm	\$23	\$46

Beginner (Ages 8 and Up) Gymnasts progress to intermediate skills on balance beam, vault, floor, and bars. Wear leotard, shorts (optional) and bare feet. 45 minute class located in the Gymnastics Center.

Days	Time	Member	Guest
Monday	7-7:45pm	\$23	\$46

NINJA ZONE..... *Hobart Family Y Ninja Uniform Required*

Baby Ninja (Ages Walkers-3) Baby Ninjas is the first step in creating confidence in young children! In an organized, yet playful structure, this parent and tot class is the perfect way to socialize your child, allow them to learn and understand what it means to follow instruction, and of course, get them moving! 30 minute class for ages Walkers-3. PARENT PARTICIPATION REQUIRED. Additional cost of \$35 for purchase of Official Ninja Zone uniform.

Days	Time	Member	Guest
Thursday	12:15-12:45pm	\$23	\$46
Thursday	4:30-5:00pm	\$23	\$46

Lil' Ninjas (Ages 3-5) Lil' Ninjas is the entry level to the all-new sport discipline inspired by gymnastics, martial arts, obstacle training, and freestyle movement. 45 minute class located in the Gymnastics Center. Official Ninja Zone t-shirt and headband purchased separately.

Days	Time	Member	Guest
Monday	4:15-5:00pm	\$23	\$46
Wednesday	6-6:45pm	\$23	\$46
Friday	6-6:45pm	\$23	\$46
Saturday	12-12:45pm	\$23	\$46

Ninjas (Ages 6-14) Children learn a combination of flips, rolls, jumps, and kicks. Strength and agility are tested through obstacle courses and various training techniques. A progressive level system evaluates and advances children in their skill and knowledge of core values. Children advance and learn at their own pace. 45 minute class located in the Gymnastics Center. Official Ninja Zone t-shirt and headband purchased separately.

Days	Time	Member	Guest
Monday	5:15-6:00pm	\$23	\$46
Wednesday	5-5:45pm	\$23	\$46
Wednesday	7-7:45pm	\$23	\$46
Friday	5-5:45pm	\$23	\$46
Saturday	11-11:45am	\$23	\$46

TUMBLING/CHEER.....

Tumble with Me (Ages 4-5) Participants discover basic coordination skills and tumbling. No skills required. Wear leotard, shorts (optional) and socks. 30 minute class located in the Gymnastics Center.

Days	Time	Member	Guest
Thursday	6:15-6:45pm	\$23	\$46

Beginner Tumbling (Ages 6 & Up) Explore the fundamentals of tumbling and cheer, advancing from rolls to round off back handsprings and back tucks. Wear leotard, shorts (optional) and socks. 45 minute class located in the Gymnastics Center.

Days	Time	Member	Guest
Thursday	5:15-6:00pm	\$23	\$46

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

CLINIC SPORTS Monthly sports programs!

Youth sports instructional clinics are a fantastic way to introduce children to a new sport and prepare them to play at the league level. YMCA trained staff lead players in engaging drills and games designed to develop the fundamental skills required for the sport while they make new friends and have a blast. Everyone plays, learns and wins in YMCA sports clinics!

Volleyball

BUMP UP YOUR GAME

- 45 minute sessions
- Gym shoes and sports attire required
- Equipment provided

Floor Hockey

IMPROVE YOUR SHOT

- 45 minute sessions
- Gym shoes and sports attire required
- Equipment provided

Sport	Clinic Dates	Grades	Day	Time	Fees
Volleyball Clinic	August	2nd-5th	Wednesday	5-5:45pm	PER MONTH \$23 members; \$46 guests
Floor Hockey Clinic	August	2nd-5th	Tuesday	5-5:45pm	PER MONTH \$23 members; \$46 guests
		6th-8th	Tuesday	6-6:45pm	



RECREATIONAL LEAGUES.....



Recreational Sports work on developmental skills with more advanced curriculum in a league format. Here we introduce more game play (unlike FUNDamental Sports where we emphasize more on skills). Programs are 8 weeks long.

BASKETBALL LEAGUE

Pass, dribble, shoot! Improve upon your fundamentals and advance past the basics of basketball while increasing strength, endurance, and building relationships. Participants meet for 1 practice and 1 game per a week, equal playing time. Gym shoes, sports attire and YMCA reversible jersey required, equipment provided.

Registration Dates	League Dates	Ages & Divisions	Parent Info	Days	Fees
Register now through June 13	June 14-August 7	Pre-K-8th grades	Distributed at first practice.	Varies	\$35 members; \$70 guests

TRACK & FIELD

Run, jump, and throw yourself into summer with the Hobart Family YMCA's Track & Field program. Children will have the opportunity to compete against a variety of youth programs from the area. Events include Softball Toss, Javelin Throw, Long Jump, Frisbee Toss, and Running Events ranging from 30m - 1600m depending on the age division.

Registration Dates	League Dates	Ages & Divisions	Parent Info	Days	Fees
Register now through May 30	June 1-July 20	2nd-8th grades	Distributed at first practice.	Tuesday 5:30pm	\$35 members; \$70 guests

T-BALL/COACH PITCH LEAGUE

Co-ed T-Ball/Coach Pitch is specifically designed to provide a foundation and introduction to baseball. This national pastime will get participants feeling like they are ready for the big leagues! Price does NOT include a reversible jersey that can be used for all Hobart Y Youth Sports.

Registration Dates	League Dates	Ages & Divisions	Parent Info	Days	Fees
Register now through June 4	June 7-July 31	T-Ball: Pre-K & Kindergarten Coach Pitch: Kindergarten-2nd grades	Distributed at first practice.	Varies	\$35 members; \$70 guests

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

FREE SPORTS FUNDAMENTALS

The YMCA's FUNDamental Sports Programs teach the basic skills of the sport through drills and practices with less emphasis on the game. We concentrate more on the fundamentals of the sport. FUNDamental Sports run 30 minute sessions in the Gym. Gym shoes and sports attire required, equipment provided. Parent involvement is required during sessions.

FUNDamentals Preschool (Ages 2-4)

BASKETBALL

Pass, dribble, shoot! Learn the fundamentals of basketball while building coordination and interacting with peers.

SOCCER

Pass, dribble, shoot! Learn the fundamentals of soccer while building coordination and interacting with peers.

T-BALL

Explore the basics of t-ball through drills that teach proper throwing techniques, fielding positions, the difference between bases, as well as proper hitting stance.

Registration required			
DAYS	JUNE	JULY	AUGUST
	T-Ball	Basketball	SOCCER
Thursday (Gym A)	4:30-5:00pm	4:30-5:00pm	4:30-5:00pm
Friday (Gym A)	11:15-11:45am	11:15-11:45am	11:15-11:45am

ADULT LEAGUES

Men 18 and older are welcome to join the Men's 18+ Basketball League played at the YMCA. Games are officiated by paid officials and are 5 on 5 full court. League is open to non-member guests. COVID-19 Modifications: Cleaning and Sanitation schedule, promoting social distancing, limiting spectators, and mask requirements for both spectators and referees. Team max of 12.

18+ Adult Basketball (Format: Paid officials, 5 on 5 full court)

- \$400 per team/per season
- Sundays at 6:30pm
- SEASON: May 30-August 8

YOUTH FITNESS.....*Registration required*

Youth Fun and Fit

This class is designed for all fitness levels. Great class for kids not interested in sports or as an active recovery day for athletes. This class is designed to keep kids moving using fun and challenging games. Class runs monthly 1x/week for 45 minutes. Ages: 9-13

Days	Time	Member	Guest
Friday	5-5:45pm	FREE	\$46

Teen Fundamentals of Strength

Kids will learn how to perform proper body weight exercises with an introduction on how to safely use functional equipment like dumbbells, medicine balls, barbells, kettlebells, core stability and more. Class runs monthly, 1x/week for 45 minutes. Ages: 11-14

Days	Time	Member	Guest
Thursday	6-6:45pm	\$23	\$46

Speed and Agility

Speed and agility are essential for better sports performance. Youth will work on speed, balance, coordination and body positioning in a team-based environment to improve overall athletic ability. Class runs monthly, 1x/week for 45 minutes. Ages: 11-14.

Days	Time	Member	Guest
Tuesday	5:30-6:15pm	\$23	\$46



STEAM

SCIENCE, TECHNOLOGY, ENGINEERING, ART, MATH

Little Picasso

For artists ages 3–5, a series of art and design projects to enhance skills. Art class can help your child grow and develop their creativity, fine motor skills, problem solving ability, communication skills, and much more. Plus, it’s a great way to introduce your child to a life-long hobby or after-school activity! Artists take home one-of-a-kind projects. All supplies included.

Dates	Days	Time	Member	Guest
Monthly	Tuesday	4:15-4:45pm	\$23	\$46

STEAM 101

For students in Kindergarten through 2nd grade (ages 5–8), explore skills like observation, forensics, critical thinking, spy gadgets and an engineering challenge. All supplies provided.

Dates	Days	Time	Member	Guest
Monthly	Tuesday	5-5:45pm	\$23	\$46

STEAM 102

For students in grades 3rd–5th (ages 9–12), explore skills like observation, forensics, critical thinking, spy gadgets and an engineering challenge. All supplies provided.

Dates	Days	Time	Member	Guest
Monthly	Tuesday	6-6:45pm	\$23	\$46

Summer Cooking Classes

Do you smell what’s cooking? Your kids are making breakfast, lunch, and dinner! Our culinary instructor will teach basic kitchen safety and classic recipes. Recipes and leftovers are sent home after each class. Class is located at Ridge View Elementary. Ages 4–11.

Dates	Days	Time	Member	Guest
Monthly	Thursday	5-5:45pm	\$52	\$104

PRESCHOOL..... open now!

Registration for 2021-22

Hobart Y Preschool at Ridge View Program Center exceeds the Indiana preschool standards and meets the standards set by the National Association for the Education of Young Children. Taught by degreed teachers, the program includes many components of the child’s learning experiences that simulate a young mind and influences a lifetime of learning ability. Our preschool program provides the tools and activities for the children to experiment while promoting our four core values: caring, honesty, respect and responsibility. We offer field trips, class parties as well as gym time every week and much more!

Preschool	Days/Times	Ages	Member	Guest
Learning Together	Mondays 12:30-1:30pm	Children 2-3 years old, must be 2 years old by August 1, 2021	\$23 per month	\$46 per month
Supply Fee, per child, due at registration			\$25	\$25
2 Day Preschool	Monday/ Wednesdays Morning Class: 9:30-11:30am Afternoon Class: 12:15-2:15pm	Children 3-4 years old, must be 3 years old by August 1, 2021	\$72 per month	\$120 per month
Supply Fee, per child, due at registration			\$60	\$60
3 Day Pre-K Preschool	Tuesday/Thurs- days/Fridays Morning Class: 9-11:30am; Afternoon Class: 12:15-2:45pm	Children 4-5 years old, must be 4 years old by August 1, 2021 and attending kindergarten next school year	\$90 per month	\$135 per month
Supply Fee, per child, due at registration			\$60	\$60

Tuition Due Dates:

Families must pay for next month’s tuition by the 25th of the month to avoid a \$25 late fee. All tuition payments are due by recurring payment only.



To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

SCHOOL AGE CHILD CARE PROGRAM BEFORE AND AFTER SCHOOL CARE

REGISTRATION FOR 2021-2022 SCHOOL YEAR BEGINS JULY 12.

SACC program creates a safe, secure, stimulating and supervised environment for children before school which is **NOW located at the Ridge View Elementary School building** as early as 6:00am, and after school care (located at Evans, Joan Martin, Liberty and Veterans Elementary Schools) until 6:00pm. Children who attend Kindergarten will be transported to their home school afterschool. Elementary children (K-5th Grade) have the opportunity to learn, thrive and grow while having loads of fun. The program includes academic support: literacy enrichment, math enrichment, homework time, health and wellness activities, 21st Century Skills, socialization, character development, arts, organized games, music, leadership development, service learning, global learning and special events.

All YMCA programs are designed to help your child(ren) meet the following goals:

- grow personally
- learn core values
- develop specific skills
- improve relationships
- develop leadership ability
- appreciate diversity
- HAVE FUN!

Register online. Pre-pay for your child's non-refundable registration fee and choose which of the programs you want your child to attend. Registration is a two-step process. After completing the online information, please download the forms, complete ALL forms including Child Immunization Record form and have it signed by a medical professional along with your child's shot record and bring them to the Hobart Y. Please allow two (2) business days after your paperwork is turned into the YMCA front desk to be processed and before your child can start the program. We will contact you by telephone if your child can start before the two-day waiting period.

Please turn in the first week's registration form filled out completely including the day, date and when your child will be attending the program. Please remember to sign the bottom portion where it asks for parent signature. We will use this form to make a daily attendance and transportation form and to communicate with your child's school that they will be attending the afterschool program.

All payments are due the Wednesday of the previous week before attendance. You choose the days that you need your child to attend. If you pay for a day or week and your child does not come, there will be no credits/refunds.

School Age Programs	Member	Guest
1 Day (morning or afternoon)	\$9/day	\$11/day
5 Days (morning or afternoon)	\$28/week	\$34/week
1 Day (morning & afternoon)	\$15/day	\$18/day
5 Days (morning & afternoon)	\$55/week	\$70/week
Non-refundable registration fee	\$50	\$50
Full Day (E-Learning/School Days Out)	\$25/day	\$35/day

BRICKIES IN MOTION

A 30 minute class that focuses on music and movement geared towards children ages 0-4. This class encourages learning through songs, dance, instruments and body movement. Music and movement is a wonderful way to work on physical skills, while also encouraging young children to learn sounds, words, and patterns. PARENT PARTICIPATION REQUIRED.

Dates	Days	Time	Member	Guest
Monthly	Monday	4:15-4:45pm	\$23	\$46
Monthly	Wednesday	10:30-11:00am	\$23	\$46

STORY HOUR WITH PRESCHOOL

Every Tuesday at 1:00 join us as we read beloved books, sing songs, and make a craft. Story hour is open to the community at no cost for ages 2-5. Story hour is held at our preschool at Ridge View Elementary. An adult must stay with the child and registration is required.

SAFE SITTER®

Safe Sitter® is a medically accurate program that teaches boys and girls ages 11 to 13 how to handle emergencies when caring for children. This class teaches safe and nurturing childcare techniques, behavior management skills, and appropriate responses to medical emergencies.

Those who successfully complete the course will receive a Safe Sitter Certificate. Participants will receive materials that will help them succeed in their first job. Class size is limited to 10 so register early. Participants will need to dress in comfortable clothes, bring a sack lunch and drink.

LOCATION: Hobart Family YMCA, Studio C
 DATES: Saturdays, June 26
 TIMES: 9:00 am-4:00 pm
 FEE: \$40 member; \$50 guests

FOREVER YOUNG

ACTIVITIES & EVENTS

CLASS	DATE
<p>Blood Pressure Screening</p> <p>This free program helps you monitor and track your blood pressure weekly outside of a medical setting. YMCA wellness coaches will help you take your blood pressure reading and review lifestyle habits that impact blood pressure. Coaches cannot provide medical advice.</p>	Wednesdays 8:30-9:30am
<p>Just Older Youth (JOY) Fellowship</p> <p>Bring a dessert or salad dish along with a canned good to be shared with the Hobart Food Pantry. Please RSVP and let us know if you have a birthday.</p>	TBD when gatherings are safe to resume
<p>Wii Bowling</p> <p>Enhance your coordination and balance with some virtual bowling! Grab a Wiimote and get to rolling during this fun 2 hour class located in Studio C.</p>	Wednesdays 11:00am-1:00pm (\$23 members; \$46 guests)

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BIRTHDAY PARTIES/ FACILITY RENTALS

Looking for a great place to host a birthday party, business meeting, corporate party, family reunion or other gathering? The YMCA may be a great fit! Contact the Y for scheduling and additional information. Be sure to contact us far in advance of your desired dates, in order to secure the best time for your party.



Payment: A deposit of \$100 is required to hold the date/time of the party. This deposit must be paid at the time of booking. The remaining balance is due at the front desk **BEFORE** the party begins.

Party	Day	Time	Fee
HOBART Pool, Ninja, Gymnas- tics, Sports/Gym	Thursday	5-7:00pm	\$160; \$200
	Saturday	3-5:00pm	\$160; \$200
	Saturday	6-8:00pm	\$210; \$250
	Sunday	12-2:00pm	\$160; \$200
	Sunday	3-5:00pm	\$210; \$250

Party duration is scheduled for 2 hours.

- 60 minutes in room & 60 minutes in pool/other area as arranged
- Bring your own food, cake, drinks, and supplies.

NEW EXPANDED KIDS ZONE!

Your child's time in our Kids Zone drop-in nursery will be a fun, enriching experience with activities, games and crafts that reflect the core values of the YMCA.

Check-In

For your child's safety, a parent/guardian is required to sign their child in and out of the Kids Zone. The parent/guardian who signs the child in must also sign the child out, unless prior arrangements have been made with Kids Zone Staff. No one under the age of 18 is allowed to check children in and out of the Kids Zone. **Be sure all children are listed on your account in our system before check-in.**

Checklist: Before you drop off

- My child is wearing shoes, socks and is dressed for play, crafts, etc.
- My child is in a clean diaper or has used the restroom.
- My child is well fed/nursed
- All personal items are labeled with my child's name
- I have brought all items needed to care for my child (i.e. plenty of diapers, wipes and prepared bottles).
- The Y Kids Zone has capacity limits. On occasion you may have a wait time before you can sign in your child. We want to ensure each and every child is safe in our Kids Zone.

Ages

We take children from 6 months to 11 years in Kids Zone.

Time limits

The Y's drop-in Kids Zone is not a licensed child care center. We have a limit of 1 hour of care while the parent/guardian is at the Y.

Clothing

For your child's safety, shoes or socks are to be worn at all times. Socks are to be worn in the play area. Winter items may be stored in the Kids Zone but must be kept in a cubby.

Food & Drink

If you provide a drink for your child, please bring only water or juice (milk allowed ONLY for infants). Drinks must be in spill-proof cups. No food, candy, gum, raisins, peanut products or meals are allowed.

Leaving the YMCA

Kids Zone is not a licensed child care facility, therefore a parent/guardian MUST remain inside the YMCA facility during the child's stay. Failure to comply will result in re-activation of Kids Zone services.

Illness

Children showing signs of illness will not be allowed in the Kids Zone. A child must be symptom-free for 72 hours in order to return. If your child has a communicable illness or head lice, please notify the Kids Zone staff immediately so appropriate action can be taken.



Please see our staff for full details on policies and procedures at the YMCA. Rules are subject to change.

QUALIFIED STAFF

Our caring and professional Kids Zone staff members are certified in CPR, First Aid, Child Abuse Training, and Appropriate Touch to ensure the safety of your child during their visit.

In addition, staff members work hard to develop a variety of age-appropriate activities to keep your child active and engaged in Kids Zone.

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



SUMMER CAMP 2021

NEW SUMMER MEMORIES

HOBART FAMILY YMCA SUMMER 2021

AT RIDGE VIEW ELEMENTARY

Register online at hobartymca.org



TRADITIONAL DAY CAMP ACTIVE, ENGAGED, AND LOVING EVERY SECOND K-6TH GRADE

Our day camp focuses on fun and involving the well-being of children. Give your child an awesome summer filled with opportunities to develop new skills, discover a new passion or make a lifelong friend! The possibilities at day camp are limitless. Starts June 14!

PRESCHOOL CAMP POTENTIAL BEGINS HERE 3-5 YRS

Join us as we explore the fun of summer through stories, songs, games and lots of crafts. Your child will spend their day engaging their imaginations and playing active games. Through play-based learning, your child will reach new levels of literacy, socialization, problem solving and confidence, all while having an absolute blast! Starts June 8th!

Included in Preschool Camp for FREE is **Preschool Specialty Camp – All Sorts of Sports**. This camp teaches the fundamentals of an assortment of sports. This is a great way for children to find a sport that interests them.

Preschool Camp has limited space. When signing up for Preschool Camp, you are committing to all 10 weeks of camp with the options to make weekly payments or to pay in full.

LOOK FOR EXCITING NEW THEMES EACH WEEK

ALOHA WEEK
BACKYARD BASH
RED, WHITE, &
BEYOND
SUMMER SAFARI
GROSSOLOGY

WET & WILD
HOLIDAYS AROUND
THE WORLD
MYTH BUSTER
END OF FUN IN THE
SUN

CAMP OPTIONS COST*

CAMP	OPTION	DAYS	MEMBER	GUEST	MEMBER	GUEST
REGISTRATION FEE: \$ 50			Price Now-April 18**		Price Starting April 19	
Day Camp	Two Day***	M/T/W/TH or F	\$65	\$95	\$75	\$105
Day Camp	Three Day***	M/T/W/TH or F	\$75	\$105	\$85	\$115
Day Camp	Five Day	Monday-Friday	\$100	\$145	\$110	\$155
Preschool Camp	Three Day	Tuesday-Thursday	\$75	\$105	\$90	\$120

*Pay for all camps by the previous Wednesday. Have prearranged payment in DAXKO to make it easier for your family!

**Must have payment prearranged in DAXKO.

***For Two Day and Three Day options, families must choose days they need care by the previous Wednesday.

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SPECIALTY CAMPS FOR K-6TH.....

ART CLASS* - \$30

One hour a week for 6 weeks, summer campers will have fun learning while creating different pieces of art with their age group. Campers will explore their artistic potential with drawing, painting, collage making & sculpture!

MEETS ON WEDNESDAYS STARTING JUNE 23

K-2ND GRADE 12:30-1:30PM; 3-6TH GRADE 2:30-3:30PM

SPORTS CAMPS - \$15 (PER MINI CAMP)

Volleyball	June 22-24	Basketball	July 13-15
Baseball	June 29-July 1	Football	July 20-22
Cheerleading	June 29-July 1	Dance	July 27-29
Pickleball	July 6-8		

STEM* CLASS - \$30

Have fun in this 45 minute class once a week for 6 weeks using creative expression & hands-on experiences with STEM (Science, Technology, Engineering and Math) projects! Stimulate curiosity by exploring materials to build models, solve problems & analyze achievements by collaborating with partners to develop skills such as team work, communication & leadership!

MEETS ON THURSDAYS STARTING JUNE 24

1-2ND GRADE 1:30-2:15PM; 3-6TH GRADE 10:15-11:00AM

MUSCLE UP - \$35

30 minutes a week for 7 weeks, summer campers will participate in activities including circuit training, strength and flexibility while using their own body weight, jump ropes, cardio drumming and more!

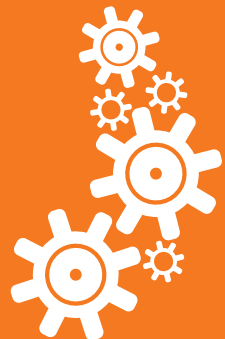
MEETS ON WEDNESDAYS STARTING JUNE 23

12:15-12:45PM

*Class limited to 10 children per grade group



**Join us on August 5
for our Parent ART &
STEM Open House from
4-5:30pm to see all the
fun projects your kids
worked so hard on over
the summer!**





NEW



SWIM LESSON CAMP ADD ON AVAILABLE!

NEW for 2021 Summer Camp is a Swim Lesson Add On for Campers. Now when attending Summer Camp a camper can add on swim lessons as part of their camp experience. This gives children a chance to learn how to swim during camp or improve their swimming skills. The Add On is two swim lessons per a week.

This is a great value only available to campers. Just choose to include swim lessons for the camp week your child is attending. Ages and times varies.

FREE FOR ALL CAMPERS K-6TH GRADES.

LEADERSHIP

HOBART FAMILY YMCA **219 942 2183**

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COMMUNITY EVENTS

Event Name/ Details	
July	<p>40th Annual Brickyard Run</p> <p>The Brickyard Run is in its 40th year. Our 5 Mile Run is a Calumet Region Striders Gold Cup Race for ages 15+ and our 5K is a Calumet Region Striders Gold Cup Race for ages 14 and under. Join us for our annual race and compete for the legendary “brick” awards. Additional race information can be found at http://www.hobartymca.org/brickyard. Saturday, July 3 Race start at 7:30am \$28 w/shirt (Shirts NOT guaranteed if registering after June 16.)</p> <p>Deep River Water Park Family Night Fundraiser</p> <p>Participants can enter the park starting at 5:00pm and ends at 8:30pm. Rides will be available beginning at 6:00pm. Wednesday, July 28 5-8:30pm \$10 per person</p>
	<p>17th Annual Crossroads YMCA Golf Outing</p> <p>White Hawk Country Club</p> <p>August 13, 2021 12pm Registration, Lunch, & Range Open 1pm Shotgun Start, Dinner to immediately follow</p> <p>Register by August 4th, 2021, \$500 per foursome Sponsorships available.</p> <p>Includes: Open/Free Range Free gift to every golfer Lunch, 2 Drinks per golfer Contests on the course Skins game, Cash bar Dinner & awards after golf</p>
August	