



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HOBART FAMILY YMCA

# Weekly YOUTH Activities

September 4<sup>th</sup> – October 27<sup>th</sup>, 2018

EVENING

M

**Youth Fitness 6-12yrs**  
(1,2,3) AR  
**4:30 – 5:00 pm**  
\$15/members – 8 weeks  
\$30/nonmembers – 8 weeks

T

**Preschool Piano\*\*\***  
3-5yrs (1,2,3) Club Room  
**11:35-12:10 pm**  
\$35/members – Monthly  
\$65/nonmembers – Monthly

W

**Preschool Karate 3-4yrs**  
(1,2,3) gym  
**3:30 – 4:15 pm**  
\$25/members – 8 weeks  
\$50/nonmembers – 8 weeks

Th

F

**Aqua Gym 9-14yrs** (must be 4ft tall)  
(1,2,3) pool  
**5:15 – 6:15 pm**  
\$20/members – 8 weeks  
\$40/nonmembers – 8 weeks

**Youth Karate 5-9yrs**  
(1,2,3) gym  
**4:30 – 5:15 pm**  
\$25/members – 8 weeks  
\$50/nonmembers – 8 weeks

**Little Kicks 12m-36m**  
(1,2,3) gym  
**11:30 – 12:00 pm**  
\$8/members – 8 weeks  
\$24/nonmembers – 8 weeks

**Pickleball**  
(1,2,3) gym  
**6:30-7:30 pm**  
\$Free/members – 8 weeks  
\$5 per class/nonmembers – 8 weeks

**Tai Chi/Self Defense & Karate 10 yrs & up** (1,2,3) gym  
**5:30 – 6:30 pm**  
\$25/members – 8 weeks  
\$50/nonmembers – 8 weeks

**Homeschool Swim & Gym**  
(1,2,3) pool/gym  
**1:15 – 2:00 pm Swim Time**  
**2:15 – 3:00 pm Gym Time**  
**3:15 – 4:00 pm Swim Time**  
Must choose only one (1) swim time.  
\$20/members; \$8 per additional child – 8 weeks  
\$35/nonmembers; \$10 per additional child – 8 weeks

**Competitive Swim 6-12yrs** (2,3) pool  
**5:15-6:00 pm**  
\$24/nonmembers – 8 weeks  
\$48/nonmembers – 8 weeks

## FOR YOUTH DEVELOPMENT

Youth Fitness helps children start a healthy lifestyle by learning the fundamentals of fitness. Classes are designed to help youth be more active through fun and engaging exercise! Most classes fall into an 8 Week Session Cycle.

## TRY A CLASS!

Interested in a class? Come Try A Class for FREE! Stop at the Welcome Center to fill out waiver and Try A Class Pass.

**Reminder! Everyone should check in at the Welcome Center each Y visit.**

## Schedule Guide

(Class Level): 1 Beginner; 2 Moderate, 3 Advanced  
Aerobic Room: AR  
Fitness Center: FC

\*\*Try A Class Pass Not Applicable.

**Highlighted Class(s) require advanced registration.**