



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HOBART FAMILY YMCA

# Weekly YOUTH Activities

October 28th – December 22th, 2018

**M**

## Youth Fitness 6-12yrs

(1,2,3) AR  
**4:30 – 5:00 pm**  
\$15/members  
\$30/nonmembers

**T**

## Preschool Piano\*\*

3-5yrs (1,2,3) Club Room  
**11:35-12:10 pm**  
\$35/members – Monthly  
\$65/nonmembers – Monthly

**W**

## Preschool Karate 3-4yrs (1,2,3) gym

**3:30 – 4:15 pm**  
\$25/members  
\$50/nonmembers

## Youth Karate 5-9yrs

(1,2,3) gym  
**4:30 – 5:15 pm**  
\$25/members  
\$50/nonmembers

## Tai Chi/Self Defense & Karate 10

yrs & up (1,2,3) gym  
**5:30 – 6:30 pm**  
\$25/members  
\$50/nonmembers

**F**

## Little Kicks 12m-36m (1,2,3) gym

**11:15 – 11:45 am**  
\$8/members  
\$24/nonmembers

## Homeschool Swim & Gym

(1,2,3) pool/gym  
**1:15 – 2:00 pm Swim Time**  
**2:15 – 3:00 pm Gym Time**  
\$20/members; \$8 per additional child  
\$35/nonmembers; \$10 per additional child  
Add on Gym & More for only \$5 each participate!

## Homeschool Gym & More

(1,2,3) gym/gym  
**2:15 – 3:00 pm Gym Time**  
**3:00 – 3:45 pm Free Play**  
\$20/members; \$8 per additional child  
\$35/nonmembers; \$10 per additional child

## Competitive Swim 6-12yrs (2,3) pool

**5:15-6:00 pm**  
\$24/nonmembers  
\$48/nonmembers

### FOR YOUTH DEVELOPMENT

Youth Fitness helps children start a healthy lifestyle by learning the fundamentals of fitness. Classes are designed to help youth be more active through fun and engaging exercise! Most classes fall into an 8 Week Session Cycle.

### TRY A CLASS!

Interested in a class? Come Try A Class for FREE! Stop at the Welcome Center to fill out waiver and Try A Class Pass.  
Reminder! Everyone should check in at the Welcome Center each Y visit.

### SCHEDULE GUIDE

(Class Level): 1 Beginner; 2 Moderate, 3 Advanced  
Aerobic Room: AR  
Fitness Center: FC  
\*\*Try A Class Pass Not Applicable.  
**Highlighted Class(s) require advanced registration.**