



Hobart YMCA Pool Schedule Summer June 25- August 12, 2018

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Open/lap Swim 5:00 - 6:15	*Open/lap Swim 5:00-7:00	*Open/lap Swim 5:00 - 6:15	*Open/lap Swim 5:00 - 7:00	*Open/lap Swim 5:00 - 6.15	*Open/lap Swim 7:00 -8:15
<i>Sculpting 6:15-7:00</i>	<i>Swim Instr. 8:30-9:00</i>	<i>Sculpting 6:15 - 7:00</i>	<i>Aqua Zumba 6:00-6:45</i> *Open/lap Swim 6:00-7:00	<i>Sculpting 6:15 - 7:00</i>	<i>Arthritis 8:15-9:00</i>
Open Swim 7:30-9:00	<i>Aqua Zumba 9:00-9:45</i>	Open Swim 7:30-9:00	<i>Aqua Zumba 9:00-9:45</i>	Open Swim 7:30-8:30	<i>Swim Instr. 9:00 - 12:15</i>
<i>Aqua Jog 9:00-9:45</i>	<i>Pilates H2O 9:45 - 10:30</i>	<i>Aquacise 9:00-9:45</i>	<i>Pilates H2O 9:45 - 10:30</i>	<i>Swim Instr. 8:30-9:00</i>	*Open/lap 12:15-12:45
<i>Arthritis 9:45-10:30</i>	Camp 10:30-Noon	<i>Arthritis 9:45 - 10:30</i>	Camp 10:30-Noon	<i>Tabata 9:00-9:45</i>	
Camp 10:30-Noon	Adult Swim Noon-1:00	Camp 10:30-Noon	Adult/lap Swim Noon-1:00	<i>Arthritis 9:45 - 10:30</i>	
Adult/lap Swim Noon-1:00	Camp 1:00-2:00	Adult/lap Swim Noon-1:00	Camp 1:00-2:00	Camp 10:30-Noon	
Camp 1:00-2:00	<i>Camp Swim Instr. 2:00-2:30</i>	Camp 1:00-2:00	<i>Youth Water Sports Camp 2:30-3:00</i>	Adult Swim Noon - 1:00	
Guard Break 2:00-2:15	<i>Youth Power Splash Camp 2:30-3:00</i>	<i>Guard Break 2:00-2:15</i>	<i>Jr. Lifeguard Camp 3:00-3:45</i>	Camp 1:00-2:00	
<i>H2O Walking 2:15-3:00</i>	Open Swim 3:00-4:00	<i>H2O Walking 2:15 - 3:00</i>	<i>Guard Break 3:45-4:00</i>	<i>Guard Break 2:00-2:15</i>	
<i>Jr Lifeguard Camp 3:00-3:45</i>	<i>Youth water sports 5:15-6:15</i>	Open Swim 3:00-4:15	*Open/lap Swim 4:00-5:15	<i>H2O Walking 2:15-3:00</i>	
<i>Swim Instr. 4:00-6:15</i>	<i>Tabata Tuesday 6:30-7:15</i>	<i>Swim Instr. 4:15-6:30</i>	<i>Jr. Lifeguard 5:15-6:15</i>	*Open/lap Swim 3:00-4:00	SUNDAY
<i>Arthritis 6:15-7:00</i>	Adult Volleyball 7:15-8:45	<i>Arthritis 6:30-7:15</i>	<i>Aqua Jog 6:30-7:15</i>	<i>Swim Instr. 4:00-6:00</i>	*Open/Lap Swim 7:00-9:00
<i>Circuit H2O 7:00-7:45</i>		*Open/lap Swim 7:15-7:45	Adult Volleyball 7:15-8:45	Adult/Lap Swim 6:00-6:45	Guard Break 9:00-9:15
*Open/lap Swim 7:45-8:45				<i>Hydro Kickbox 6:00-6:45</i>	*Open/Lap Swim 9:15- 10:45

Adult Swim – 18 Years +

Family Swim – Children Must be accompanied by a parent at any age.

Open Swim – Children 12 and under must be accompanied by an adult 18 + years.

Deep H2O Adult open swim: 18 & Over Swim testing

*Children under 18 will be swim tested.

*Pool will close for Thunder & Lightning.

*Open/Lap Swim-Dedicated Lap lanes will be available based upon the number of lap swimmers.

Swim Lesson classes are limited-NO MAKE-UP swim lessons

All classes are subject to change*Revised 6/22/2018

219-942-2183

www.hobartymca.org