

TUESDAY



**Hardcore H.I.I.T. with Randi
(aerobic room)
9:30 - 10:00 A.M.**

**Barre Above with Brittney
(aerobic room)
10:30 - 11:00 A.M.**

**Group Fitness/Queenax with Brittney
(aerobic room)
11:30 - 12:00 P.M.**

**Fit & Firm with Patricia
(aerobic room)
5:30-6:15 P.M.**

**TurboKick with Brittney
(aerobic room)
6:30-7:15 P.M.**

HOBART FAMILY YMCA

FITNESS