



WEDNESDAY

**Aqua Sculpting with Debbie
6:15 - 7:00 A.M.**

**Aquacise with Rebekah
9:00 - 9:45 A.M.**

**Arthritis with Debbie
9:45 - 10:30 A.M.**

**H2o Walking with Mellisa
2:15 - 3:00 P.M.**

**Arthritis with Mellisa/Rebekah
6:30 - 7:15 P.M.**

AQUATICS

HOBART FAMILY YMCA