



**THURSDAY**

**Aqua Zumba with Janice Gryfakis  
6:00 - 6:45 A.M.**

**Aqua Zumba with Janice Gryfakis  
9:00 - 9:45 A.M.**

**Pilates H2o with Debbie  
9:45 - 10:30 A.M.**

**Aqua Jog with Mellisa  
6:30 - 7:15 P.M.**

**Adult Water Volleyball  
7:15 - 8:45 P.M.**

**AQUATICS**

**HOBART FAMILY YMCA**