

WEEKLY BREAKFAST MENU

Monday

Yogurt with KRAVE cereal pouch

Juice cup

Milk

Tuesday

Whole grain donuts/chocolate or powdered

Juicy orange wedges

Milk

Wednesday

Bowl of whole grain cereal

Ripe Banana

Milk

Thursday

1-Whole grain cinnamon Pop Tart

Fresh apple slices

Milk

Friday

Fresh muffins

Healthy banana

Milk

WEEKLY LUNCH MENU

Monday

Ham roll ups & a cheddar cheese stick

Pretzel sticks

Strawberry cup

Fruit roll out

Milk

Tuesday

Turkey wrap with cheese & lettuce

Grape tomatoes & baby carrots with ranch dip

Chocolate chip cookie

Milk

Wednesday

Shaker salads with mixed greens, diced chicken or ham,
cheese, tomatoes, cucumbers

Goldfish crackers and salad dressing choice

Fruit juice box

Milk

Thursday

Ham & cheese sub with Pickle slices

Bag of chips

Juicy orange slices

Milk

Friday

NEW! Peanut FREE Jammer sandwiches and a string
cheese stick

Whole apple

Frozen fruit juice treat and MILK

EVERYDAY

**Alternate main item choice will be freshly made Ham
Salad sandwich! Hearty and delicious! 😊**

