

SWIM LESSONS

January 2019



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday – Begin January 7th, 2019

4:00 –4:30 pm	Swim Basics - (ages 3-5)-Mellisa -6
4:00-4:45 pm	Swim Basics-(ages 6-12)-Rebekah-6
4:45-5:30 pm	Swim Strokes-(ages 6-12)-Rebekah-8
4:45-5:30 pm	Swim Basics-(ages 6-12)-Mellisa-6
5:30-6:15 pm	Swim Basics-(ages 13-Adult)-Rebekah-6
5:30-6:15 pm	Swim Basics-(ages 6-12)-Mellisa-6

Wednesday – Begin January 9th, 2019

4:15-4:45 pm	Swim Basics- (ages 3-5)-Mellisa-6
4:45-5:15 pm	Swim Basics - (ages 3-5)-Mellisa-6
5:15-6:00 pm	Swim Basics (ages 6-12)-Mellisa-6
5:15-6:00pm	Swim Strokes (ages 6-12)-Mellisa-8
6:00-6:30pm	Swim Starters (ages 6 mths-3yrs)-Mellisa

Thursday – Begin January 10th, 2019

4:30-5:15pm	Success (Special Needs & Abilities)-Mellisa-6
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Friday- Begin January 4th, 2019

10:30am-11 am	Swim Starters-(6 mos-3 yrs)-Debbie
4:00-4:30pm	Swim Basics-(ages 3-5)-Mellisa-6
4:30-5:15pm	Swim Basics-(ages 6-12)-Mellisa-6
4:30-5:15pm	Swim Strokes-(ages 6-12)-Rebekah-8
5:15-6:00pm	Competitive Swim -Rebekah-10

Saturday – Begin January 5th, 2019

9:00 – 9:45 am	Swim Basics/Swim Strokes- (ages 13 -Adult)-Rebekah-10
9:00 – 9:45 am	Swim Mechanics - (ages 6-12) – Mellisa 8
9:45 –10:30 am	Swim Basics- (ages 6-12)-Mellisa-8
9:45-10:30am	Swim Strokes-(ages 6-12)-Rebekah-8
10:30 –11:00 am	Swim Starters- (ages 6mths -3yr)-Rebekah-10
11:00 – 11:30 am	Swim Basics- (ages 3-5)-Mellisa-6
11:30-12:00 pm	Swim Basics-(ages 3-5)-Mellisa-6
11:30-12:15 pm	Swim Basics-(ages 6-12)-Rebekah-6

Cost: \$12 members/\$36 non-members

PLEASE NOTE: No previous swim lesson:

Ages 3-5 (enroll in Swim Basics)

Ages 6-12 (enroll in Swim Basics)

Ages 13 & above (enroll in Swim Basics)

All other classes need referral from Aquatic Department! Competitive Swim must be Mechanics Level or Instructor referral
Private & Semi- Private lessons By Appointment Only!