



## Hobart YMCA Pool Schedule Summer I June 5- June 25, 2017

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Open/lap Swim 5:05 - 6:15	*Open/lap Swim 5:05- 7:00	*Open/lap Swim 5:05 - 6:15	*Open/lap Swim 5:05 - 7:00	*Open/lap Swim 5:05 - 6.15	*Open/lap Swim 7:05 - 9:00
<b>Sculpting 6:15-7:00</b>	<b>Guard Break 7:00-7:15</b>	<b>Sculpting 6:15 - 7:00</b>	<b>Guard Break 7:00-7:15</b>	<b>Sculpting 6:15 - 7:00</b>	<b>Swim Instr. 9:00 - 12:15</b>
<b>Guard Break 7:00 - 7:15</b>	Open Swim 7:15 - 9:00	<b>Guard Break 7:00 - 7:15</b>	Open Swim 7:15 - 9:00	<b>Guard Break 7:00 - 7:15</b>	Open Swim 12:15-12:45
Adult/lap Swim 7:15-9:00	<b>Pilates H2O 9:00-9:45</b>	Adult/lap Swim 7:15 - 9:00	<b>Pilates H2O 9:00-9:45</b>	Adult/lap Swim 7:15 - 8:30	
<b>Arthritis 9:00-9:45</b>	<b>Swim Instr. 9:45-10:30</b>	<b>Arthritis 9:00- 9:45</b>	Open Swim 9:45-10:30	Swim Instr. 8:30-9:00	
<b>Aqua Jog 9:45-10:30</b>	Camp 10:30-Noon	<b>Aquacise 9:45 - 10:30</b>	Camp 10:30-Noon	<b>Arthritis 9:00-9:45</b>	<b>SUNDAY</b>
Camp 10:30-Noon	Adult Swim Noon-1:00	Camp 10:30 - Noon	Adult/lap Swim Noon-1:00	<b>Tabata H2O 9:45 - 10:30</b>	*Open/Lap Swim 7:05-9:00
Adult/lap Swim 12:00 - 1:00	Camp 1:00 - 2:00	Adult/lap Swim Noon-1:00	Camp 1:00-2:00	Camp 10:30 - Noon	<b>Guard Break 9:00 - 9:15</b>
Camp 1:00-2:00	<b>Camp Instr. 2:00-2:30</b>	Camp 1:00-2:00	Open Swim 2:00-3:00	Adult Swim Noon - 1:00	*Open/Lap Swim 9:15-10:45
<b>Guard Break 2:00-2:15</b>	<b>Power Splash 2:30-3:00</b>	<b>Guard Break 2:00-2:15</b>	<b>Guard Break 3:00-3:15</b>	Camp 1:00-2:00	
<b>H2O Walking 2:15-3:00</b>	<b>Guard Break 3:00-3:15</b>	<b>H2O Walking 2:15 - 3:00</b>	Camp 3:15-3:45	<b>Guard Break 2:00-2:15</b>	
*Open/lap Swim 3:00-4:30	Camp 3:15-3:45	Open Swim 3:00 - 4:45	Open Swim 3:45-5:00	<b>H2O Walking 2:15-3:00</b>	
<b>Swim Instr. 4:30-6:30</b>	Open Swim 3:45-6:30	<b>Swim Instr. 4:45-6:30</b>	<b>Guard Break 5:00-5:15</b>	Adult/Lap Swim 3:00 - 4:00	
Adult lap 5:45-6:30 1/2 pool	<b>Tabata Tuesday 6:30-7:15</b>	<b>Guard Break 6:30-6:45</b>	Open Swim 5:15-6:30	<b>Swim Instr. 4:00 - 5:15</b>	
<b>Open Swim 6:30-7:00</b>	Adult Volleyball 7:15-8:45	*Open /lap Swim 6:45-8:45	<b>Aqua Jog 6:30-7:15</b>	Open Swim 5:15-5:30	
<b>BootCamp 7:00-7:45</b>			Adult Volleyball 7:15-8:45	Adult Lap 5:30-6:45 1/2 pool	
*Open/lap Swim 7:45-8:45				<b>Aqua Core 5:30-6:15</b>	
				*Open/Lap Swim 6:15-6:45	

Adult Swim - 18 Years +

Family Swim - Children Must be accompanied by a parent at any age.

Open Swim - Children under 12 yrs. of age must be accompanied by an adult 18 + years.

\*Children under 18 will be swim tested.

\*Pool will close for Thunder & Lightning.

\*Open/Lap Swim-Dedicated Lap lanes will be available based upon the number of lap swimmers.

Swim Lesson classes are limited-NO MAKE-UP swim lessons

All classes are subject to change\*Revised 6/2/2017

219-942-2183

www.hobartymca.org



## Hobart YMCA Pool Schedule Summer II June 26-July 30, 2017

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Open/lap Swim 5:00 - 6:15	*Open/lap Swim 5:00- 7:00	*Open/lap Swim 5:00 - 6:15	*Open/lap Swim 5:00 - 7:00	*Open/lap Swim 5:00 - 6.15	*Open/lap Swim 7:00 - 9:00
<i>Sculpting 6:15-7:00</i>	Guard Break 7:00-7:15	<i>Sculpting 6:15 - 7:00</i>	Guard Break 7:00-7:15	<i>Sculpting 6:15 - 7:00</i>	Swim Instr. 9:00 - 12:15
Guard Break 7:00 - 7:15	Open Swim 7:15 - 9:00	Guard Break 7:00 - 7:15	Open Swim 7:15 - 9:00	Guard Break 7:00 - 7:15	Open Swim 12:15-12:45
Adult/lap Swim 7:15-9:00	<i>Pilates H2O 9:00-9:45</i>	Adult/lap Swim 7:15 - 9:00	<i>Pilates H2O 9:00-9:45</i>	Adult/lap Swim 7:15 - 8:30	
<i>Arthritis 9:00-9:45</i>	Swim Instr. 9:45-10:30	<i>Arthritis 9:00- 9:45</i>	Open Swim 9:45-10:30	Swim Instr. 8:30-9:00	
<i>Aqua Jog 9:45-10:30</i>	Camp 10:30-Noon	<i>Aquacise 9:45 - 10:30</i>	Camp 10:30-Noon	<i>Arthritis 9:00-9:45</i>	<b>SUNDAY</b>
Camp 10:30-Noon	Adult Swim Noon-1:00	Camp 10:30 - Noon	Adult/lap Swim Noon-1:00	<i>Tabata H2O 9:45 - 10:30</i>	*Open/Lap Swim 7:00-9:00
Adult/lap Swim 12:00 - 1:00	Camp 1:00 - 2:00	Adult/lap Swim Noon-1:00	Camp 1:00-2:00	Camp 10:30 - Noon	Guard Break 9:00 - 9:15
Camp 1:00-2:00	Camp Instr. 2:00-2:30	Camp 1:00-2:00	Open Swim 2:00-3:00	Adult Swim Noon - 1:00	*Open/Lap Swim 9:15-10:45
Guard Break 2:00-2:15	<i>Power Splash 2:30-3:00</i>	Guard Break 2:00-2:15	Guard Break 3:00-3:15	Camp 1:00-2:00	
<i>H2O Walking 2:15-3:00</i>	Guard Break 3:00-3:15	<i>H2O Walking 2:15 - 3:00</i>	Camp 3:15-3:45	Guard Break 2:00-2:15	
Open Swim 3:00 - 4:30	Camp 3:15-3:45	Open Swim 3:00 - 4:45	Adult/Lap 3:45-5:00	<i>H2O Walking 2:15-3:00</i>	
Swim Instr. 4:30-6:30	Adult/Lap 3:45-5:15	Swim Instr. 4:45-6:30	Guard Break 5:00-5:15	Adult/Lap Swim 3:00 - 4:00	
Adult / Lap 5:45 - 7:00	Guard Break 5:15-5:30	Guard Break 6:30-6:45	Open Swim 5:15-6:30	Swim Instr. 4:00 - 5:15	
<i>BootCamp 7:00-7:45</i>	Open Swim 5:30-6:30	*Open /lap Swim 6:45-8:45	<i>Aqua Jog 6:30-7:15</i>	Open Swim 5:15-6:00	
*Open/lap Swim 7:45-8:45	<i>Tabata Tuesday 6:30-7:15</i>		Adult Volleyball 7:15-8:45	Aqua Core 6:00 - 6:45	
	Adult Volleyball 7:15-8:45			Adult / Lap 6:00 - 6:45	

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Family Swim – Children Must be accompanied by a parent at any age.

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